

# INSIDE ISSUE 4

NEWSLETTER



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**beyondsmiles**  
*where a beautiful smile begins*



## From the desk of **Dr Karl Scarpin**

Welcome to the latest issue of our Beyond Smiles newsletter. We are very excited to announce we have moved into our new premises at Suite 1, 360 Cross Road, Clarence Park. We have created a new building that ensures we will be at the forefront of quality care into the future. Thank you for all of your positive feedback about our new premises.

We have tried to make our practice as comfortable as possible for you, and anyone accompanying you, by providing a beverage menu, contemporary magazines, newspaper, and an i-Pad and play area for the children (or adults!), in the waiting room.

Quality dental care relies primarily on the people providing the care, however most people are not aware that reinvesting into the dental practice can be just as important. Our behind the scenes technology means you are given the best dentistry has to offer. You may all be familiar with our 3-D dental scanning computers, that allow us to create a crown for you in one appointment, but how many of you would know what is running our dental chairs and equipment from the plant room? Keeping your restorations lasting longer, means keeping the air and water we use quality controlled. Our Cattani compressor, suction unit and reverse osmosis water system, means your restorations have a much greater chance of being successful.

In the sterilising room we utilise a thermo-disinfector, and we only use B-Class autoclaves to ensure sterilisation procedures are at the highest standard. We also track our critical use instruments, using a bar code system and specifically designed software. This ensures we provide the highest level of infection control and is just one other reason you should choose to see a dental practice that consistently invests in its infrastructure.

We continue to provide a full range of services including I/V sedation (sleep dentistry), Nitrous Oxide (laughing gas), one appointment crowns, porcelain fillings, implants, Invisalign, sleep apnoea devices, and wisdom tooth extraction.

Thank you for all of your support through this period of change.

We welcome new patients to our practice.

Dr Karl Scarpin

BDS (Adel.), MRACDS,  
Post. Grad. Dip.Clin. Dent. (Oral Implants) Syd.

 **Advanced  
Dental  
Centre** PTY LTD

# Our new practice

It is with great anticipation to announce that we have finally moved into our new practice, now located at Suite 1, 360 Cross Road, Clarence Park. Our expansion means we are able to cater to the rising number of new patients attending the practice and still provide the same level of care that our existing patients know and love.

With two extra treatment rooms we were able to welcome another full time Oral Health Therapist to our team, Kate Spicer BOH (Adel). Along with the addition of Kate, our existing dentist Dr. Huan Xu has now opened up Mondays for her patients.



Your annual maximum benefits ends on **December 31**  
Make an appointment today!



As the end of the year is fast approaching we would like to remind our patients about maximising your health fund benefits.

Generally, health funds provide a set benefit for major dental per calendar year; this can include crowns, implants and root canal treatment. The annual benefit does not carry forward to the following year.

As most patients take advantage of their health fund before year end, this is a very busy time for the surgery. Should you consider having any treatment done this year, we suggest you contact Advanced Dental Centre promptly to secure your appointment. Keeping in mind the practice will be closed from the 23rd December, we recommend you make an appointment prior to this date to maximise your dental benefits.

**DID YOU KNOW ?**

Advanced Dental Centre provides intravenous sedation or "sleep dentistry". It's particularly useful if you're one of those people who gets really nervous at the thought of visiting the dentist, or if you're undergoing a major procedure such as getting your wisdom teeth out. You can claim part of the anaesthetist fees through Medicare.

# Introducing invisalign

A clear alternative to braces.



At Advanced Dental Centre, our experienced dentist, Dr Huan Xu can provide innovative dentistry to help patients achieve a perfect smile by using **Invisalign**. Without brackets or wires, Invisalign takes a modern approach to teeth straightening and is virtually invisible.

## What is Invisalign?

The Invisalign System is a virtually invisible treatment that uses an innovative approach to effectively straighten teeth. Invisalign treatment uses a series of custom-made removable aligners with unique SmartForce technology that gradually moves your teeth to the ideal position.

## Advantages of Invisalign

Invisalign aligners are removable, so it is easier to clean your teeth and maintain your oral health during treatment.

- Invisalign treatment may give you visible results from as early as the first month of treatment. Even better, most people would not know you are going through treatment when you're wearing Invisalign clear aligners because they are virtually invisible.
- Got a special occasion coming up? No problem, just take your aligners out for the event and pop them back in when you are done.

- With Invisalign clear aligners, you do not have to worry about doing the sports you want to. Invisalign treatment is a suitable treatment option for an active lifestyle.
- Are you deciding whether to straighten your teeth but feel worried about the discomfort? With innovative SmartForce and SmartTrack technologies, the Invisalign System effectively straightens your teeth predictably and more comfortably.
- Invisalign treatment is ideal for your busy schedule, with doctor visits only required approximately every 6-8 weeks. That means you can spend more time doing the things that are important to you.

For more information on Invisalign, please contact us today to organise a consultation with Dr Huan Xu.



BEFORE



AFTER



## TEACHING **healthy habits** TO KIDS

Early oral health education is beneficial in helping to develop healthy oral hygiene and eating habits in young children. Myself, Elizabeth Harbison (Oral Health Therapist) along with Sunshine Rothe our Senior Dental Assistant and Aytan Ali our trainee dental assistant recently visited local primary schools and spoke to the reception to year two students about oral health.

Students were able to share their understanding of what goes on at the dentist and why it is important to visit regularly. Brushing techniques were reviewed and demonstrated with the help of our practice mascot Toby. We spoke about protecting our teeth when playing sport recommending the use of a mouth guard and

played a game where children identified everyday and sometimes foods. We could tell the *crunch* and *sip* and *brain food* programs have increased the children's understanding of sometimes and every day foods and we were very impressed with the level of enthusiasm from all of the students.



# COLGATE TOTAL TOOTHPASTE



## What is special about the Colgate Total toothpaste formula?

All Colgate Total toothpastes have a formula that is clinically proven to fight today's most common dental problems. In Colgate Total, the antibacterial ingredient works with a copolymer which ensures the delivery and retention of the antibacterial ingredient in the mouth for up to 12 hours after brushing, even after eating and drinking.

### Toothpaste Benefits

#### ✓ STRENGTHENS ENAMEL

Enamel is the outer layer of the tooth. It surrounds and protects the main portion of the tooth. Weak enamel can be caused by a build-up of plaque bacteria that quickly erodes tooth enamel, resulting in teeth that are visibly less white, weaker and sensitive. The fluoride in Colgate Total helps strengthen weak enamel.

#### ✓ PREVENTS CAVITIES

Cavities are tooth decay. Tooth decay is heavily influenced by what we eat, how well we take care of our teeth and the presence of fluoride in our water and toothpaste. Colgate Total provides protection against cavity formation and tooth decay as it has a formula that contains fluoride as well as 12 hours of antibacterial protection - so it works even between brushing.

#### ✓ REMOVES PLAQUE

Plaque is a sticky, colourless film of bacteria that constantly forms on our teeth. It is the main cause of cavities and gum problems; capable of hardening into tartar if not removed daily. Colgate Total contains an antibacterial ingredient. Its formula attaches to your teeth and gums and is clinically proven to help reduce plaque.

#### ✓ PREVENTS TARTAR BUILD-UP

Tartar, sometimes called calculus, is plaque that has hardened on your teeth. Tartar can also form at the gum line. Colgate Total helps to reduce plaque; helping to prevent it from forming into hard-to-remove tartar build-up.

#### ✓ REMOVES STAINS

The most common reasons for yellowing or stained teeth are aging and exposure to tobacco, tea, coffee and certain foods.

#### ✓ FRESHENS BAD BREATH

Bad breath, also known as halitosis, is breath containing an unpleasant odour. One culprit of bad breath are the millions of bacteria that live in the mouth. The mouth is warm, moist conditions make it an ideal environment for these bacteria to grow. Colgate Total Pro Clean Breath has a unique formula that helps to neutralise bad breath, and helps to kill and prevent the regrowth of bacteria that live in the mouth, for up to 12 hours.

## DID YOU KNOW ?



Advanced Dental Centre are excited to announce that we are the proud sponsors of the **Goodwood Saints Football Club** and **Adelaide City Football Club**. With this great opportunity, we were able to make the members custom made mouth guards.

All our guards are made in our very own dental lab using high quality material and equipment. For sponsorship enquires please feel free to contact us.

*"We are strong believers in supporting our local community"*

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